

# NEWSLETTER TO PARENTS, GUARDIANS AND TRAINEES

## Requirements for Reopening Amidst COVID-19 Pandemic

### **1. Accommodation:**

- a) Due to social distancing, the Polytechnic can only accommodate half of its capacity. Parents/Guardians and trainees are advised to seek alternative accommodation. You are advised to ensure that COVID-19 protocols are adhered to in those places.
- b) Parents/Guardians and trainees are required to furnish the Polytechnic with the physical address and contacts of landlords of where trainees will be residing.

### **2.**

- a) Trainees will be required to have a lap top, tablet or smart phone for purposes of E- learning.
- c) Theory lessons will be conducted on-line
- d) Practical lessons will be conducted in shifts as organized by the Heads of Departments.
- e) Avoid being on campus when you have no physical lessons (stay at home).
- e) The Polytechnic has marked classrooms, laboratories, workshops and dining hall to ensure 1.5M social distance. Trainees should not move furniture from the marked position.

### **3. Trainees are required to strictly follow COVID-19 protocols i.e.**

- a) Have temperature checked at the gate
- b) Always wear the face mask correctly
- c) Wash hands regularly
- d) Sanitize regularly
- e) Keep social distance of at least 1.5M

### **4.**

- a) If unwell, stay at home.
- b) The Polytechnic has employed a full time nurse. Therefore, if you feel unwell on campus, report to the nurse immediately.  
If the nurse confirms you are unwell, you will be taken to Mt. Kenya Hospital
- c) In case the temperature is found to be high, at the gate, you will be directed to a temporary isolation tent for a while and the temperature re-checked.

### **5. Affected and infected trainees will receive psycho-social support from Guidance and Counseling department**

**Note: Each trainee will be required to have enough supply of face masks.**